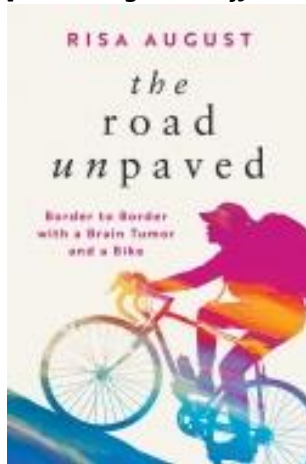


Review of The Road Unpaved

Post by Abraham Ozo » 11 Jan 2024, 06:00

[Following is an official [OnlineBookClub.org](https://www.onlinebookclub.org) review of "The Road Unpaved" by Risa August.]



5 out of 5 stars

Rare diseases often go unnoticed, despite affecting millions of people around the world. Acromegaly is a perfect example. *The Road Unpaved* by Risa August follows the life of the author, a woman living with acromegaly, as she decides to embark on a bike tour to Mexico, determined to prove that her diagnosis doesn't have to hold her back from pursuing her dreams.

Risa August was diagnosed with acromegaly after seven years of knowing that something was wrong with her body. She had been to several doctors who told her that she was fine, but deep down, she knew she wasn't. This illness changed the course of her life. With a new outlook and strong determination, she decides to go on a six-week bike tour from Canada to Mexico on the Pacific Coast Highway to spread awareness about acromegaly and to prove that her diagnosis cannot hinder her. Along the way, she encounters physical and emotional challenges, but she also finds strength and resilience as she pushes through the miles.

There is a need for more awareness and understanding of rare diseases so that those living with them can feel supported and connected to others who understand what they are going through. Risa shows the importance of raising awareness about rare diseases like acromegaly. Awareness is needed, not only to help those living with it but also to encourage research and the development of new treatments. Risa's goal to spread awareness is praiseworthy. Before I started reading this book, I had not heard about acromegaly. I learned a great deal about this illness from this book. I became aware of its symptoms and the various difficulties that those who have it must deal with. Risa was a real source of motivation. She remained resolute despite all the difficulties her condition presented. It is a difficult trip to ride a bike to Mexico for six weeks, but she trained and faced it with courage. Her story is incredibly motivating, and I have no doubt that many others will find it inspiring.

This book emphasized the value of surrounding yourself with supportive people. For those suffering from a disease, emotional support is crucial. Friends and family are important to them more than ever at that time. To pass that stage, they need to have them. This was what Risa also needed from her husband.

Risa is a great writer. She went through a rollercoaster of emotions, and I could feel them while reading. She described the scenery and trip quite vividly; I felt like I was part of the group, riding along with them and laughing with them. The writing style was simple and engaging. It was also exceptionally edited. There was absolutely nothing to dislike, and it deserves a rating of **5 out of 5 stars**. I recommend it to everyone, as I believe they need to learn about rare diseases such as acromegaly.

The Road Unpaved

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